



Martha Red Willow
[Oglala Sioux]

Try and get second opinions. . . I really didn't have time to research it because I procrastinated so long and that's one of my major downfalls, that the minute you think you have something unusual a little lump or whatever and it may be minor or something, . . . get attention right away, because it does not go away.

I think at first there is always this urgency, because once you find out you have cancer it seems like within hours you're into something else; I mean the doctors don't wait, they don't say think about it for two weeks, I mean it's a matter of hours or days, I think that's one thing that I found unusual, I had to make these decisions fairly quick, sometimes without consulting my family . . . because they're not always readily available for these kinds of family discussions.



Jennie Joe
[Navajo]

TABLE 1. TYPES OF PROCEDURES TO DETERMINE IF A LUMP OR SUSPICIOUS CLUSTER IS CANCER

Type	Description
Fine needle aspiration	Uses fine-gauge needle to take fluid out of a cyst or to take cells out of lump. Usually done in doctor's office or outpatient area of hospital. No scar. May be followed by excisional or incisional biopsy.