



Eloise D

[Standing Rock Sioux]

... I went into a depression so bad that I threw all my black clothes away and my shoes and whatever had black, I threw it away. I couldn't read the local newspaper because of the obituaries in there. I couldn't watch TV cause it was all a lot of death ... When I took a shower I couldn't even stand to look at ... , my breast. It was like I ... I don't know. But this went on for a long time ...

[I cried] a lot. The pills that they gave me knocked me out for about six hours at a time, and I lost a lot of weight, couldn't eat, I was depressed ... [I got over it] by going out and doing things, I mean there wasn't anything that I could do. . . Ah, women don't have to go into depression. It's okay to cry, it's okay to get frustrated, but your life does not have to end because of breast cancer. You know you can still have a full life. And if I can help one woman to keep from going into depression, turning to drugs, turning to alcoholism, or just giving up ... you know that's what I want to do.



Carolyn Shubert
[Eskimo]



But, it was like two weeks ... it didn't bother me and then after two weeks I went into a deep depression.

Candi Miller
[Haida]