

## Personal Reactions to a "Breast Cancer" Diagnosis

### Why Me?

.. Then I seen all the women and they all looked so happy so healthy and you know I kept wondering, "why me?" And one of the feelings I kept thinking about was what did I do wrong in my life so far that I have to go through this and I kept thinking about it.



**Eloise D.**  
[Standing Rock Sioux]

### Shock / Devastated



**Alisa Rodulfo-Gilbert**  
[Tewa Pueblo]

the nurse came in and handed me the instructions of how to handle the biopsy side and with a basket of chocolates. And I was devastated ... I walked out of the office and I just lost it. And I gathered all my energy, and I didn't exactly know how to share this with my friends (pause) because I was, I was so scared.

... it's real hard to describe the feelings that I had ... It was, it was just a big rush nothing. I mean it was like no one existed, it was just a horrible feeling, it was very frightening and very traumatic. I felt very limited with my time.



**Candi Miller**  
[Haida]