

know it, it's bedtime (laughter). ...take a walk . . . Going camping and . . . go berry picking and picnics up in Nome, and [to] go camping is good for me anyway, we drink good running water back there, good water back in Council, cool water and you can get fresh river fish really supposed to be good for everybody.



Angela Russell
[Crow]

You have to have a basic belief that you're gonna be okay, but I guess even more important is that you want to live, I think at some point you've gotta reconcile that death is possible, of course death is inevitable for all of us down the road, but when you get a diagnosis of cancer I think you've gotta really decide, do you really want to fight this, because if you decide you don't wanna fight it, I think you really can die faster . . . I guess the message I would give to them is that you are an important person, you're

valued, you need to be on this earth right now because of certain things that you alone can do. And you need to take care of yourself, if there are any symptoms, you need to go in and get yourself checked out.

Don't be like me, wait too long. Just have faith each and every one of you, be strong and tell your parents and tell your brothers and sisters and pray together and I know you got beliefs in each family, they got their own beliefs, believe in that and have courage, be strong, pull together . . . Just be open, I was open. I was scared, still scared now. I talked to you, I talked to everybody that had cancer. My auntie she's got cancer too. I talk with her, we have long talk yesterday, go for a long walk. Pick wild spinach, go



Mary Lou Calabaza
[Santa Domingo
Pueblo]