

Now I live day by day as it comes. I try to hold my head up high. My sisters they are strong women, my brothers they are strong and you come by and see me, that makes me happy. And I try to laugh all the time joking. That's what I do everyday you know. I work, that's what I do, take care of my grand babies . . . I got seven grand kids now and I'm happy, but I'm starting back where you know, now I got a chance to see my grand kids grow up . . . . (laughter), Ya I take them hunting sometimes going to . . . hiking, looking for wild spinach and go up to the mountain we find some . . . parsley, wild parsley and onions, wild onions. You should try 'em and eat 'em, keep you healthy.



**Mary Lou Calabaza**  
[Santo Domingo Pueblo]



**Katherine Big Hail** [Crow]

sick and had the cancer and, . . . she survived and now she's like a witness to everybody.

[daughter translates] she's traveling, she travels a lot. She likes to travel and . . . well you know just before she was really sick . . . we don't let her drive anymore you know and then the other day I seen her take off, you know, so she's driving around again too . . . we got friends all over, . . . Even while we were in that store a lady came over to her and said "You're all right! This is amazing! This is a miracle." I think you know its speaking to the Crow Nation, you know, her. Because of everybody knew, heard about it, when she was real

sick and had the cancer and, . . . she survived and now she's like a witness to everybody.



**Ruth Demit** [Athabascan]

And . . . now that I look back at it, . . . . I think it's . . . something that now I appreciate life a lot better.