

You're invited
to get healthy and

YOGA

With us!



WHEN: MONDAY AUGUST 18 2008 6:00 PM

WHERE: NACR (NAPO) OFFICE

WHAT TO BRING: LOOSE CLOTHING

**DRIVING DIRECTIONS: ALAMEDA AVE. &
S. HARLAN ST.**

RSVP TO: DENISE LINDSTROM 303 975-2449

1st Four week **August 18-25, September 1, 8, and 15th**

2nd session **October 22, 29 - November 5th and 12th**

No class on Labor Day