

Native American Cancer Research Corp  
Native Patient Navigation Training Options

Cat	Sub	Topic	Interactive Activity	Time	I. Domain: Ethical, cultural, legal, and professional issues – process = how	II. Domain: Client and care team interaction and communication skills - process = how	III. Domain: Health Knowledge – content = what	IV. Domain: Patient Care Coordination – process and content – how and what	V. Domain: Practice - based learning	VI. Domain: Systems-based Practice:	Comment
<b>Overview of Native Patient Navigation</b>											
	Patient Navigation										
		Overview of Native PN (how differs from CHR, CHW and nurse PN); Includes how participants see their current role with expanding role into PN	Groups of 2 practice describing role	45	X						
		Roles of PN and collaboration	Bear / Coyote	30	X			X			
		NPN throughout the cancer continuum (for cancer NPN only)		30				X			
		Lay / Community PN collaborating with other members of the healthcare team	Group generate list	30				X			
		Navigating the Healthcare Systems (issues with oncology care and Indian Health Service (IHS) Purchased Referred Care)	Respond to case studies	45				X			
		Navigators' resources and resource guides (eligibility and IHS issues)	Look up resources on Internet; create notebook templates	45			X			X	
		Navigator safety (coping with dangerous neighborhoods, working with tribal police)	Group discussion	90	X						
	History and cultural framework related to PN										
		AI/AN history and its impact on community members perceptions and healthcare	Bear Coyote / tic-tac-toe	45			X				
		Optional: Historical trauma and lateral violence		40			X				
		American Indian sterilization		30			X				
		Havasupai		30	X		X				
		Cultural competency within AI/AN settings (including working with non-Native professionals)	Case Studies	45	X	X		X	X		
	Implementing and interpreting assessment tools										

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		Needs assessments	Practice data collections	30		X		X	X		
		Patient's goals and preferences	Practice data collections	30		X		X	X		
		Stress / Distress	Practice data collections	30		X		X	X		
		Fatigue	Practice data collections	30		X		X	X		
		Pain	Practice data collections	30		X		X	X		
		Survivorship Care Plans	Practice data collections	60		X		X	X		
		Other (BRFSS tailored to tribe or Urban Indian program)	Practice data collections	45		X		X	X		
		Evaluating and tracking PN tasks and follow-up (online evaluation program)									
		Evaluating PN actions (forms)	Hard copies - fill in excerpt	60	X				X	X	
		Evaluation Strategies: Do's and Don'ts	small groups identify feasible evaluation strategy for specific setting	40	X				X	X	
		Using NACR's online PN evaluation program	Practice uploading PN data	30	X				X	X	
		Using Audience Response System	Demonstrate setting up and using the system	60	X					X	
		Other tools (e.g., GW Excel sheet, mHealth tools / apps)	Coyote / Bear; practice finding tools on Internet	45		X					
		How to write effective knowledge, attitude, self-efficacy and behavior questions	Practice critiquing and writing items	45						X	
		How to write and use effective qualitative questions and responses	Practice critiquing and writing items	30			X		X	X	
		Individual and group presentation skills and evaluation									

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		Skills for working one-on-one	Critique video of inappropriate patient-nurse communication	45		X			X		
		Skills for working with family	Critique case study	45		X			X		
		Skills for working with small groups	Modify NACR's workshop checklist	45		X		X			
		Communication									
		Basic verbal, vocal, non-verbal	pairs demo communication styles	60		X					
		Elevator speeches	Participants prepare 1-2 minute elevator speech describing their PN role	40		X			X	X	
		Motivational interviewing (conducted with specialists from the PN Training Collaborative only)	Interactive worksheets and paired activities throughout	360		X			X		
		AI/AN communication patterns and culture	Participants recommend ways to improve communication for case studies	45		X					
		Common AI/AN patient – provider issues, AI/AN patient – family issues	Participants recommend ways to improve communication for case studies	75		X		X		X	

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		Resolving conflict, avoiding common AI/AN MIS-communication practices (e.g., gossiping within family unit)	Participants recommend ways to improve communication for case studies	45		X		X		X	
		I-messages and learning how to ask questions that the AI/AN patient desires and the non-native provider can understand	Participants practice preparint I-messages for different situations	45		X		X		X	
		AI/AN Patient life goal setting and culture (patient priorities and goals throughout chronic disease experiences)		40							
		PN Helping pt identify personal goals, concerns and questions to share with healthcare team	Identify personal goals in pairs	40		X		X			
		Emotionally challenging situations	Case Studies and small group strategies	40		X			X		
		Advanced Directions	Practice writing section	90		X	X	X	X	X	
		Final legal will and testament (with legal representative)	Practice writing section about giving away regalia	30		X	X	X	X	X	
		Tribal will and inheritance policies versus non-Native assumptions	Review case study of non-Native spouse inheriting tribal lands	40		X	X	X	X	X	
		Outreach Strategies in non-Native and AI/AN events		40							
		Informing through tribal Newsletters, papers, radio, TV, PSA, or short articles	Critique examples of promotional materials	45	X			X	X	X	
		How to advertise	Collectively edit a promotional advertisement for a health event	45	X			X	X	X	

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		Participant recruitment strategies	Identify alternate strategies than provided within case studies (1 urban and 1 rural)	45	X	X		X	X	X	
		Permission before posting (existing) fliers (e.g., I/T/U settings)	Group discussion of protocols from their home locations	30			X			X	
		Informational videos, digital stories in waiting rooms	Critique videos and identify pros and cons of posting in clinic waiting rooms	40			X			X	
		How to write information articles (e.g., Indian Country Today, tribal newspaper)	Draft paragraph for potential inclusion in local AI/AN media	45		X	X				
		Exhibit booth protocol (PowWow, health fair)	View examples of exhibits and critique how to make them better and clarify protocols for large venues, such as March PowWow	40	X	X					
		Outreach at community events: Do's and Don'ts	Participants add examples of additional do's and don'ts from their own experiences	45	X	X			X		
		Messages, materials, settings									
		Education (creating informational products)									

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		Messages (phrasing)	Critique existing AI/AN messages and recommend improvements; use NACR checklist to critique sample messages	40		X			X		
		Media (format)	Identify potential venues to promote their own projects	40		X			X		
		Settings (venue)	Card activity for clarifying how messages need to be adapted based on settings or media	40		X			X		
		Creating brochures, posters, fliers that are culturally appropriate to local AI/AN community	Modify existing brochures of relevance to their own programs and modify for cultural appropriateness	40		X			X		
		Literacy (how to use and avoid common errors within Word's Flesch-Kincaid software)	Practice using Flesch-Kincaid on sample paragraphs and documents	40		X			X		
<b>CANCER CONTENT (for cancer PNs only)</b>											
		Cancer overview, diagnosis, staging, treatments									
		Nat Am Cancer 100 (overview of cancer)	Bear & Coyote / tic-tac-	50			X				

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		excerpt: gene and cancer	toe	25			X				
		Nat Am Cancer, 101 Diagnosis and Staging		60			X				
		Nat Am Cancer 102 Treatment		60			X				
		Updated Native Cancer 101 Modules									
		Native Cancer 101 Module 10 “Preventing and Early Cancer Detection (Screening)”	Bear & Coyote / Bingo	120			X				
		Native Cancer 101 Module 4: “The Role of Genes in Cancer”		60			X				
		excerpt: pharmacogenetics	CYP candies activity	30			X				
		Native Cancer 101 Module 8: “Biospecimens and Biobanks”	ARS Opinion embedded	90			X				
		Native Cancer 101 Module 9: “Chronic Conditions and Cancer” (e.g., Co-morbidities, diabetes and cancer)		90			X		X		
"Get on the Path to Health" (note: each topic has 6-9 sections: (1) intro and stories from AIANs, (2) facts and myths, (3) Anatomy, (4) AI/AN regional cancer data, (5) Risks, (6) Scree											
		Breast	Bear & Coyote, tic-tac-toe, Path jeopardy, case studies	90			X		X		
		Cervix		90			X				
		Colon		90			X				
		Lung		90			X				
		Keep Tobacco Sacred		90			X		X		
		Prostate		90			X				
		Survivorship Care Plans and quality of life	Add unique info to SCP	90			X				
		"Clinical trials education for Native Americans" curricula (12 objectives)	Bear & coyote / tic-tac-toe	90			X				
		"Native American Palliative Care" curricula (4 objectives)	Add section to will	90			X				
		Other cancers of interest in Indian Country (topics tailored to participants' preferences during registration):					X				
		Leukemia (childhood)		60			X				

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		Leukemia (adult)		60			X				
		Multiple myeloma		60			X				
		Stomach		60			X				
		Pancreatic		60			X				
		Brain		60			X				
		Endometrial		60			X				
		Kidney		60			X				
		Gynecological		60			X				
		Lymphoma					X				
<b>For PN funded through grants:</b>											
		Confidentiality versus Privacy	Role play	45	X				X	X	
		HIPAA	Role play	45	X				X	X	
		Protection of Human Subjects (NIH or CITI online courses)	certificate of completion		X					X	
		Data collection and uploading, generating tailored reports	Practice uploading data and generating reports	90	X					X	
		AI/AN protocols for abstract, publication approvals and for dissemination of preliminary and final findings	Group critique of abstract sections (intro/background, methods, findings, conclusions, discussion)	60	X		X				
		Processes for sharing findings with the:									
		Drafting summary sheets	they draft their summaries and present to group	60	X	X	X		X		



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		Participants	describe methods and processes of dissemination appropriate to local								
		Community									
		I/T/U leadership									
		Professionals									
		Communication among all partners throughout the grant	Pairs discuss strategies for improving			X				X	
		Community-based participatory research (CBPR) versus Community-driven grants	ARS knowledge and opinions		X				X	X	
		Tribal IRBs and approval processes			X		X			X	
		Protocols for meeting with Tribal Council or Health Boards			X		X				
		In-service training (specific to grant)									
		Invoicing processes			X				X	X	
			Native American Cancer Research Corp (NACR) offers four or more Native Patient Navigator (NPN) / Native Sister's training each year. At least one is held in Denver, CO (typically in August). For the Denver meeting, all participants need to support their own registration, travel and lodging expenses. Partial scholarships are available upon request. The Registration fee for Denver trainings is \$220 per day per participant. Mail payments to Native American Cancer Research Corporation (NACR), 3022 South Nova Road, Pine, CO 80470-7830								
			For NPN Trainings held in other places, the fee is \$2,500 per day plus travel costs for at least 2 NACR staff								
			Note: all training topics require participant practice / interactive activity								